

Health & Wellness Expo

Ocean City Music Pier

Moorlyn Terrace & Boardwalk



June 21, 2025

8:00am - 12:00pm

Free Fitness Classes

Blood Pressure Screenings

Kids Corner

OceanCityVacation.com

Health & Wellness Expo Program

8:00-8:50 Chakra Yoga with Sound Healing (free class)

9:30-9:50 – Athleisure Fashion Show

10:00-10:30 – Functional Mobility Stretch (free class)

11:00-11:45 – Body Combat (free class)



Be sure to visit the Kids Korner for activities and bike safety lessons from the Ocean City Police Department!

